

Sewing: Hand Embroidery

This hand embroidery course offers an excellent opportunity to experiment with and develop skills in various embroidery stitches, each creating unique textures and effects.

Learners will explore the common stitches including the running stitch, used for basic outlines; the backstitch, ideal for outlining; the satin stitch, which produces smooth, filled areas; the French knot for added texture; and the chain stitch, creating a decorative line. Other stitches will be introduced like the lazy daisy, herringbone, and split stitch to further diversify your embroidery skills and techniques. Practicing embroidery enhances your precision, patience, and creativity, allowing you to craft intricate or bold designs and explore different styles and textures.

Start Date: 07 October 2025
Start Time: 10:00
Lessons: 8
Weeks: 8
Hours: 16.00

If you are looking for a course to improve or maintain your mental health and wellbeing, why not book onto one of our courses from the Managing mental health and well-being offer?

Whether you would like to learn new creative skills or to investigate the possibility of a new sewing-based career, MAE Community Learning courses can provide you with a stepping stone to progress.

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

What Will I Learn On This Course?

Learners will:

1. Experiment with at least 3 common hand embroidery stitches
2. Develop skills in at least 1 more complex hand embroidery stitch
3. Apply at least 2 different hand embroidery stitches to a sampler or project piece

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Is This Course Suitable For Me?

Suitable for beginners and those with some experience

Is There Anything Else I Need To Know About This Course?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

First Session:

Calico scraps
Small sewing scissors
Heat erasable pen
Embroidery/Crewel Hand Sewing Needles Size 5-10
5" embroidery hoop

Your tutor will speak with you in the first session to discuss purchase of the items below?

Embroidery threads
Fabric
Larger embroidery hoop

Will There Be Additional Costs?

Learners will need to provide their own materials and equipment as advised by the tutor

What Could I Go On To Do After This Course?

Your tutor can talk to you about another subject related course available. Your progression course is R251122A
Sewing: Hand Embroidery

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

What Is The Attendance Policy?

Multiple sessions-

To get the most out of your course you will need to attend as many sessions as possible. We recommend at least 90%.

If you do have a holiday booked during term time, please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

Health & Safety

Health and Safety Disclaimer

By participating in the live class, you accept that you understand that sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a sewing activity and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with sewing materials. MAE is not responsible for damage to items in your house / home or person.

The creators, owners and distributors of this site and the material available MAE are not responsible for any injuries you may experience because of your use of this site and the material contained here on. By remaining on this site and/or accessing and / or using any material, you are accepting that you have read, understood and agreed to follow these basic instructions.